Compumedics A COMPUMEDICS GLIENT UPDATE

Compumedics Neuroscan — The EEG/fmri technology lea

Compumedics Neuroscan products are used in around 1500 universities, corporate laboratories and national research institutes in over 50 countries globally. While it is widely accepted that Compumedics Neuroscan is the world's leading supplier of instruments for brain research, it is fast becoming a major player in a new and exciting area of Neurophysiology research that focuses on EEG recorded with fMRI.

It was revealed that Compumedics Neuroscan technology was utilised in the majority of the commercial equipment used in research on interictal EEG/fMRI published to date. The review on Brain Research by the "*Elsevier" journal, titled "Studying spontaneous EEG activity with fMRI", showed 17 published papers in this area, of which 5 had used Neuroscan equipment for their research, 3 had used other commercially available equipment, while the remaining 9 used in-house equipment. Compumedics Neuroscan's most advanced system for recording in the MRI has achieved significant market acceptance over the last 12 months, especially in the US region (see MagLink article on page 2).

*Source: Salek-Haddadi, A., Friston, K.J., Lemieux, L., Fish, D.R., "Studying spontaneous EEG activity with fMRI", Elsevier, Brain Research Reviews 43 (2003) 110-133.

SYNAMPS² SHOWCASED IN GERMANY

The world's most powerful EEG amplifier system – the SynAmps², was recently showcased to various universities in Germany.

The tour gave an insight into the technological advancements that have gone into producing this superior amplifier. Each site had the opportunity to experience firsthand, the power and flexibility of the SynAmps² technology and its possible applications in their research. With the ability to acquire up to 512 channels, the SynAmps² never compromises data quality for quantity of channels, preparation time or cost. Additionally, with the use of MagLink technology, sites were introduced to the

SynAmps²'s ability to record EEG in the fMRI environment (see MagLink article on page 2).

The SynAmps² was showcased in the cities of Magdeburg, Bielefeld, Münster, Jena, Mainz and Hamburg. The sites visited were involved in the fields of Neurology and Psychology, with interests ranging from pure research to clinical applications.

To find out how the SynAmps² can enhance your research or clinical applications, contact your local Compumedics representative for a personal demonstration or more information.



Universitätklinikum Jena – where renowned Professor Hans Berger (1873-1941) recorded the first human electroencephalogram in July 1924.

[SEPTEMBER 2004]

NEW VICTORIAN LAWS FOR SLEEPY DRIVERS

2

3

5

6

COMPUMEDICS
 NEUROSCAN MAGLINK
 SYSTEM – RECORDING
 EEG IN THE FMRI



SUMMIT IP

->

MAGLINK – THE LEAP (3) FORWARD TO TRUE FUNCTIONAL IMAGING MODALITY

INTERNATIONAL UPDATE (4)

- Sleep Research in the Philippines
 Children's Hospital in Germany equipped
- with new Compumedics system
- PROFILE JON HANTZSCHE
- ENHANCED SERVICE FOR AUSTRALIAN CUSTOMERS
- TIPS & TRICKS (5)
 PROFUSION EEG
- CHOICE SLEEP PAPERS (5)
- **EVENTS DIARY**



NEW VICTORIAN LAWS FOR SLEEPY DRIVERS

New Victorian laws announced in June will see drivers who fall asleep at the wheel and cause a fatal accident, face up to 20 years in jail. Previously, Victorian drivers would only be charged with dangerous driving, culminating with a 2 year maximum sentence. Now, this offence is being recognised as culpable driving and comes with much higher penalties.

VicRoads estimates that approximately 25% of all fatal road accidents are linked to sleepy drivers. This is the third most common cause after alcohol and drugs.

Dr. John Reid, a neuroscientist and driver behaviour expert from Swinburne University's Brain Sciences Institute, has found that fatigue is more complex than many people realise and just having a power nap may not be helpful.

Dr. Reid has distinguished Excessive Daytime Sleepiness (EDS) as different from physical exhaustion and sleep deprivation. He defines EDS as being excessively tired during the day despite having an apparent normal night's sleep.

Whilst it may be okay for a footballer, who is suffering from physical exhaustion after a game, to drive, it is definitely not safe for someone who has been deprived of sleep. A power nap is unlikely to help the sleep-deprived.

EDS is a major social problem and what's more is that it is hard to diagnose as there are no other obvious physical symptoms. EDS has the

potential to severely affect the quality of life. It may come in short spurts lasting a few minutes to an hour, and comes without warning, and may occur numerous times a day.

Possible causes of EDS include:

- **Inadequate Sleep** partying too hard or working long hours
- **Broken Sleep** Being interrupted by your environment. Eg. Baby crying, snoring
- Shift Work Sleeping at different times to what your body is used to
- Anxiety, stress or depression may keep you up at night
- Alcohol, caffeine, tranquillisers, sleeping pills and anti-histamines may disrupt sleep patterns.
- Medical Conditions hypothyroid, oesophageal reflux, nocturnal asthma and chronic painful conditions
- Time Zone Changes Jet lag or night shift. Sleep is regulated by the body's internal clock that responds to light.
- Sleep Disorders Sleep apnoea, restless legs syndrome, sleep walking, narcolepsy, and insomnia.

Source: The Herald-Sun, Page 28, 16 June 2004

Compumedics Neuroscan MAGLINK SYSTEM — RECORDING EEG IN THE FMRI

Interest in the MagLink system has increased dramatically, with new installations doubling over the past 12 months. The widening market acceptance for the MagLink system may be linked to new technological developments that have allowed EEG and MRI to be integrated.

Combining EEG with fMRI provides several important advantages that neither alone can provide. For instance, EEG provides critical timing information about fMRI activation, so that the order of multiple activations may be identified. fMRI data can be used to identify areas of EEG activation for dipole seeding and refined localisation.

Combining EEG and fMRI provides a functional imaging modality that is unmatched in its spatial and temporal capabilities.

While there has been interest in combining these two technologies for quite some time, a complete turnkey solution was not available. Many labs have attempted to modify existing EEG systems for use in the MRI, only to experience the difficulties and dangers that need to be overcome.

The MagLink Cap and Cabling system is a second-generation solution for recording EEG in the MRI that allows EEG to be recorded during the pulse sequence and at higher field strengths.

The passive design of the MagLink carbon fiber cabling allows full bandwidth EEG (DC to 3500 Hz) to be recorded. The MagLink Cap uses a monopolar montage that allows both EEG and ERPs to be obtained. Since no multiplexing occurs, high-density EEG can be obtained with the MagLink system. Advanced algorithms in the SCAN software make it possible to recover EEG and ERP data during the pulse sequence.

As the use of this tool develops, Neuroscan is pleased to offer cutting edge solutions in the completely turnkey, safe and reliable MagLink system. Neuroscan has always been in the forefront of research in the Neurosciences, and that tradition continues with the MagLink system.

For additional information and to discuss a demonstration of this system in your MRI, please contact your local Compumedics representative.

We welcome our recent US-based MagLink users:

- Albany Medical Center Albany, NY.
 Research Area: Combining EEG and fMRI to better assess and treat epilepsy.
- University of Pennsylvania Philadelphia, PA.
 Research Area: Combining EEG and fMRI to assess sleep and sleep deprivation.
- National Institutes of Health Bethesda, MD.
 Research Area: Basic research on methods and testing of EEG in the fMRI.
- California Institute of Technology Pasadena, CA. Research Area: Broad application for the neuroscience community.
- University of California, Irvine Irvine, CA.
 Research Area: Neurological diagnosis for schizophrenia and other cognitive conditions.
- Washington University of St. Louis St. Louis, MO. Research Area: Combining EEG and fMRI to better assess epilepsy and other neurological conditions.
- Kennedy Krieger Institute Baltimore, MD.
 Research Area: Assessment of neurological function using a multi modal approach.



Summit IP



The Summit IP respiratory effort sensor system is a small-battery powered device that uses true Inductive Plethysmography technology.

Importantly, this device produces a balanced SUM channel output that is useful in showing respiratory paradox, whilst always maintaining the polarity of respiratory effort signals. The SUM channel output is produced by the Summit IP's advanced microprocessor technology that continuously tracks each breath and then automatically balances the output.

In 1999, recommendations from the taskforce of the *American Academy of Sleep Medicine reflect the consensus that the balanced SUM channel output from a Respiratory Inductive Plethysmography (RIP) system is the preferred signal for research because it has been shown effective in tracking changes in respiratory effort.

Compumedics' expertise in developing and using RIP technology in its PSG systems for the last 15 years has been carefully applied to the development of the Summit IP.

Summit IP – Features & Benefits

- Preferred, true inductive plethysmography technology
- Linear response to changes in effort
- Balanced SUM channel output
- Continuous, automatic channel balancing
- Operates with any PSG amplifier system
- 800 hours of operation from a small low-cost battery
- Long lasting, reusable sensor bands
- Cost effective and easy to use

This affordable, easy to use technology is available to any lab using any brand of sleep amplifier system, simply with the attachment of standard touch-proof connectors.

Summit IP is currently available for sale in Australia and the USA. For other regions, please contact your local Compumedics representative for the latest updates.

The Summit IP was recently shown at the APSS meeting in Philadelphia, Pennsylvania, USA on the 7-9 June 2004. You can find out more about the Summit IP at Sleep meetings listed in our Events Diary on the back page.

*Technical reference: Flemons WW, Buysee D, "Recommendations for Syndrome Definition and Measurement Techniques in Clinical Research. The Report of an American Academy of Sleep Medicine Task Force", Sleep, 1999;22(5):667-689.

HAGLINK — THE LEAP FORWARD TO TRUE FUNCTIONAL IMAGING MODALITY

EEG provides a measure of the electrical activity of the brain. This technique has excellent resolution over time, allowing researchers to measure brain activation with millisecond timing. However, EEG has limitations determining exactly where that activation is coming from, since the weak electrical signals are blurred by layers of tissue and scalp. Advances in high-density recordings and more accurate source models and localisation tools have improved the spatial resolution of EEG greatly over the past several years.

EEG and the event related potential obtained from EEG can now be recorded with great temporal accuracy and acceptable spatial resolution. However, using the leading edge MagLink technology, it is now also possible to combine EEG with those measures that have the highest spatial resolution such as fMRI and in doing this, EEG moves one step closer to a true functional imaging modality (with accuracy in both time and space).

Recent advances in technology and the dedicated effort of the Compumedics Neuroscan research and development team have made simultaneous recording of EEG and fMRI possible. This combined technology allows integrated measurement of the brains electrical activity and its blood flow. Looking at these measures combined provides a new



tool to study brain function, a tool that has limitless applications in both basic science as well as clinical applications.

As this tool is more fully introduced into the neuroscience community, researchers and clinicians alike will find new uses and applications. As these new applications emerge, the need for recording EEG and fMRI will grow to the point where this tool becomes a standard methodology for both research and clinical applications.

INTERNATIONAL UP DATE

Reader Contribution SLEEP RESEARCH IN THE **PHILIPPINES**

By Sara Cooper and Karen Waters

In October 2003, a small group of Australian researchers travelled to the Philippines to undertake a genetic/Obstructive Sleep Apnoea (OSA) study on a large Filipino family, where more than 50 family members, representing four generations, were recruited to participate. The study is being undertaken by a group of researchers at the Children's Hospital at Westmead, headed by A/Prof Karen Waters. The project is funded by an NH&MRC project grant, set-up to investigate mechanisms causing metabolic abnormalities in patients with sleep apnoea.

Due to the age mix of the participants, the sleep technologists involved with the project had to perform studies on both adult and paediatric patients. The group included Sara Cooper – a paediatric technologist from the SAN Children's Sleep Disorders Unit and Gilbert Henry from RPAH (Royal Prince Alfred Hospital) Centre for Respiratory Failure and Sleep Disorders. Sherryn



The field researchers (from L-R: Gilbert Henry, Sherryn Bibby and Sara Cooper) with their Filipino paediatric subjects.

Bibby, the clinical research co-ordinator from the SIDS and Sleep Apnoea research group at the Children's Hospital Westmead participated initially by providing support from Sydney, and later by joining the project in the Philippines. All three researchers are based in Sydney, Australia.

The study took place in Olongopo city, (120km NW of Manila), where two houses were hired for the duration of the project – one for researchers and one for participants. The study used four Compumedics E-Series systems to undertake four sleep studies per night.

Since the sleep studies were being undertaken in houses in the Philippines, and not the controlled environment of a sleep lab, there were many novel challenges. For example, co-sleeping is a common practice in the Philippines, and to preserve the subjects' normal sleeping environment, cables and equipment had to be moved from room to room so that family members could sleep in the same room or bed as one another. On one night, there were six family members sleeping in one bed.

Working out on the field in a foreign country also meant adapting to other, local cultural factors. As is common in non-Western countries, the interpretation of things such as "appointment times" had different meanings for the researchers compared to the subjects, and requests for the families to come early in the evening, often resulted in carloads of people arriving at 9, 10 or even 11pm. Not an Australian interpretation of early evening!

A technical problem that was encountered, and also due to differences between countries, was recurrent EMG problems due to 60Hz noise. The study environment was taken as an opportunity by the local community to set-up a temporary karaoke bar in the lounge room, and singing (a very popular pastime in the Philippines) often started at around 11pm.

Ultimately, the study required a lot of flexibility from the researchers, and permitting the local people to maintain their cultural routines meant that good quality studies could be obtained. After completing the data collection, researcher Sara Cooper said "I would have to rate this experience – and am confident I speak for my colleagues as well – to be one of the most satisfying tasks I have ever undertaken".

CHILDREN'S HOSPITAL IN GERMANY EOUIPPED WITH NEW COMPUMEDICS SYSTEM

In June 2004, Compumedics' E-Series EEG system was installed into the Children's Hospital in Altona, a suburb of Hamburg, Germany. The installation was the result of the Star Care Foundation's donation to the hospital.

The Compumedics E-Series system was chosen for its reputation in the market as a leading EEG system. Installed in the Neuropaediatrics department, the system would provide the children with EEG and video epilepsy monitoring.

With around 200 beds in total, the Children's Hospital sees approximately 9000 in-patients per year and about 9100 out-patients per year. Services offered by the hospital include: Minor Surgery, Neurology, Neonatal ICU, Orthopaedics, Endocrinology, Genetics, Mucoviscidosis, Hydrocephalus, Pulmology, Neuropaediatrics, Urology and specialised ambulance services for Diabetics.

Star Care was founded in 1999 to support social projects for children. Based in Hamburg, Germany and run only by its members who volunteer their time to the organisation, 100% of all revenues generated by Star Care are donated to the children.

For more information on Star Care, a German Language website may be visited at: www.starcare.de



The Children's Hospital in Altona (Hamburg, Germany)

JON HANTZSCHE

Based in El Paso, Texas, Jon is responsible for all procurement in the US, negotiations with vendors, and cost savings. He also oversees the production and work flow of all electrode caps, including Quik Caps and MagLink Caps.



Materials Manager (USA)

Jon came into the role of Materials Manager in January 2003 and took charge of the NeuroMedical Supplies division for the US region a year later. The NeuroMedical Supplies division manufactures and procures high quality supplies and accessories used in the diagnosis and study of sleep, the nervous system and the brain.



Paul Moranan Customer Support Specialist (Australia)

The Service Department at Compumedics' Head Office in Australia has expanded to include the services of a Customer Support Specialist. With the creation of this new position, customer support in Australia is now channeled through a central point, whereby, through the establishment of an Issue Tracking Service, all customer issues are resolved and followed up in a timely manner.

Paul Morahan is the new face at Compumedics who is taking on the role of Customer Support Specialist. Paul has worked in both EEG and Sleep laboratories, with experience in both research and clinical environments. Paul promises to be a valuable addition to the Compumedics, and we welcome him to the team.

Liz's **Top 10 Picks** of Papers on Sleep Medicine

Elizabeth Kealy - Clinical Applications Specialist

- Meadows GE, O'Driscoll DM, Simonds AK, Morrell MJ, Corfield DR, "Cerebral blood flow response to isocapnic hypoxia during slow wave sleep and wakefulness", J Appl Physiol (June 2004)
- Woodson BT, Brusky LT, Saurajen A, Jaradeh S, "Association of autonomic dysfunction and mild obstructive sleep apnea", Otolaryngol Head Neck Surg 130(6) 643-8 (2004)
- Weaver EM, Maynard C, Yueh B,
 "Survival of veterans with sleep apnea: Continuous positive airway pressure versus surgery", Otolaryngol Head Neck Surg 130(6) 659-65 (2004)
- Barnes M, McEvoy RD, Banks S, Tarquinio N, Murray CG, Vowles N, Pierce RJ,
 "Efficacy of Positive Airways Pressure and Oral Appliance in Mild to Moderate Obstructive Sleep Apnea", Am J Respir Crit Care Med (2004)
- Hoekema A, Stegenga B, De Bont LG,
 "Efficacy and co-morbidity of oral appliances in the treatment of obstructive sleep apnea-hypopnea: a systematic review", Crit Rev Oral Biol Med 15(3):137-55 (2004).

- Huber R, Felice Ghilardi M, Massimini M, Tononi G, "Local sleep and learning", Nature (2004 Jun 6); [epub ahead of print].
- Burgess KR, Johnson PL, Edwards N, "Central and obstructive sleep apnoea during ascent to high altitude", Respirology 9(2):222-9 (2004).
- Roebuck T, Solin P, Kaye DM, Bergin P, Bailey M, Naughton MT, "Increased long-term mortality in heart failure due to sleep apnoea is not yet proven", Eur Respir J 23: 735–740 (2004).
- Sassani A, Findley LJ, Kryger M, Goldlust E, George C, Davidson TM, "Reducing Motor-Vehicle Collisions, Costs, and Fatalities by Treating Obstructive Sleep Apnea Syndrome", Sleep 27(3):453-8 (2004).
- Chen S, Ondo WG, Rao S, Li L, Chen Q, Wang Q, "Genomewide linkage scan identifies a novel susceptibility locus for restless legs syndrome on chromosome 9p", Am J Hum Genet 74(5):876-85 (2004)

PROFUSION EEG TIPS & TRICKS

By Paul Morahan – Customer Support Specialist

- Auto-page forward by double-clicking on the right half of the view pane, and page back by double-clicking on the left half. Auto-paging can be stopped by a single click anywhere in the pane – much easier than aiming for the square arrows in the bottom left corner.
- Trimming video before rather than after consolidating, makes consolidation of video files much quicker, as the video files are now smaller.
- To make spacing between groups of related electrodes, go into the Montage Editor and create a channel entry
 of the location of where you want the gap to be. Set the trace type to 'gap' at the bottom of the middle column.
 This will create a space between your groups of electrodes.
- Bad electrode making other channels hard to read? Press 'Keep' on the Sensitivities pane and then right-click on the bad channel's name. Select Trace Setup, change the sensitivity to 1000, and press OK. This will flat-line the bad electrode, making it easier to read the other channels.
- Calipers may be brought up by pressing Control + left-clicking on the view pane. With this tool you can
 dynamically examine the amplitude, period and frequency of a waveform by selecting appropriate points.









VENTS DIARY2004

S Sleep, N Neuroscan, NS Neuroscience, G General

Americas – Tradeshows and Events				
	Americas – Tradeshows and Events			
August 27 S New England Polysomographic Society Sturbridge, MA USA				
September 9-10 N Regional Neuroscan School Delray Beach, FL USA				
September 10 S Wisconsin Society of END Technologists Marshfield, WI USA				
September 10-11 S Concepts in Sleep Conference St Petersburg, FL USA				
September 17 S Sleep Medicine 2004 Dublin, OH USA				
September 29 – October 2 NS ACNS (American Clinical Neurophysiology Society) Annual Meeting Montreal Canada				
September 30 – October 1 S Razor City/Campbell County Respiratory Therapist Seminar Gillette, WY USA				
October 7-9 413 Ns AAPM&R (American Academy of Physical Medicine and Rehabilitation) Phoenix AZ USA				
October 7-10 S SE/SW Region – Association of Polysomnographic Technologists Coconut Grove, FL USA				
October 11-15 N Comprehensive Review Neuroscan School El Paso, TX USA				
October 15-16 S Michigan Sleep Disorders Association Traverse City, MI USA				
October 18-20 S APT (Association of Polysomnographic Technologists) Reno, NV USA				
October 20-24 N Society for Psychophysiological Research Santa Fe, NM USA				
October 24-27 N Society for Neuroscience San Diego, CA USA				
October 26-28 440 G Medtrade Orlando, FL USA				
November 3-6 NS AAEM (American Association of Electrodiagnostic Medicine) Savannah, GA USA				
November 5 S leep Disorders Center of Virgina Glen Allen, VA USA				
November 12 S Wellmont Health System Educational Program Kingsport, TN USA				
November 28 – December 3 1054 N RSNA (Radiology Society of North America) Chicago, IL USA				
December 4-6 S AARC (American Association for Respiratory Care Meeting) New Orleans, LA USA				
December 5-7 N, NS AES (American Epilepsy Society) New Orleans, LA USA				
December 10 S Carilion Topics in Respiratory & Sleep 2004 Roanoke, VA USA				
Rest of World – Tradeshows and Events				
August 28-30B7NSAOEC (Asian & Oceanian Epilepsy Congress)BangkokThailand				
September 4-8E70SERS (European Respiratory Society)GlasgowScotland				
September 15-17M27GHospiMedica AsiaSuntee CitySingapore				
September 15-17 N Brisbane Neuroscan School Brisbane Australia				
September 15-19 N, NS German Association for Clinical Neurophysiology and Functional Imaging Jena Germany				
September 18-23 20 N World Congress of Psychophysiology Thessaloniki, Chalkidiki Greece				
September 24-28 B2 S 1st Sino-American International Conference Beijing China on Sleep Disordered Breathing				
September 27 – October 1 N London Neuroscan School London England				
October 4-6 N Barcelona Neuroscan School Barcelona Spain				
October 5-9 10 S ESRS (European Sleep Research Society) Prague Czech Repu	blic			
October 15-17 11-12 S ASA/ASTA (Australasian Sleep Association / Australasian Star City, Sydney Australia Sleep Technologists Association) Annual Meeting				
October 22 NS NZSNT (New Zealand Society of Neurophysiology Technicians) Gisborne New Zealar	d			
November 3-5 22 NS ESA (Epilepsy Society of Australia) Star City. Svdnev Australia				
November 24-27 9D46 G Medica Duesseldorf Germany				
December 4-7 N 13th German EEG/EP Mapping Meeting Giessen Germany				
December 10-12 N ASP (Australian Society of Psychophysiology) Annual Meeting Melbourne Australia				

THE COMPUMEDICS DIVISIONS Defining Life's Signals

Compumedics' operations consist of four divisions - each with its own product focus:



for Sleep Disorders

Sleep Compumedics Sleep Clinical Diagnostic Systems



Compumedics Neuroscience Clinical Diagnostic Systems for Neurophysiology



Compumedics Neuroscan World-leading Research EEG/ERP systems



Compumedics Neuromedical Supplies Electrodes, sensors and supplies for Neurology and Sleep laboratories

If you would like to receive the Compumedics Vista Update via Email, please send your details and email address to **vistaupdate@compumedics.com.au**



AA707

Compumedics Limited, Australia: Headquarters 30-40 Flockhart Street

Abbotsford VIC 3067 Australia Ph: +61 3 8420 7300 Fax: +61 3 8420 7399

Free Call: 1800 651 751

www.compumedics.com

Compunedics USA, Limited: 7850 Paseo del Norte El Paso, Texas 79912 USA Toll Free: +1 877 717 3975 Fax: +1 915 845 2965

feedback you may have on Compumedics Vista would be greatly appreciated. Please feel free to write to us via: Mail: Compumedics Limited

Fa

ail:	Compumedics Limited
	Marketing Department
	30-40 Flockhart Street
	Abbotsford, VIC 3067
	Australia
ax:	+61 3 8420 7399

The Compumedics Vista Update is for you – our valued customers. Any comments, suggestions or

Email: vistaupdate@compumedics.com.au

READER CONTRIBUTIONS:

Compumedics welcomes any article contributions made by our readers. Two Movie Passes will be given to the contributor of any article used in the Compumedics Vista Update.

Please forward all contributions to: Email: vistaupdate@compumedics.com.au

Compumedics Germany GmbH:

Heussweg 25 D-20255 Hamburg Germany Ph: +49 40 4018 9941 Fax: +49 40 4018 9949 **Compumedics Singapore Pte. Ltd.:** 7500A Beach Road The Plaza #10-323 Singapore 199591 Ph: +65 6392 0902 Fax: +65 6392 0570

6